SOLSTAD OFFSHORE ASA: MANDATORY NOTIFICATION OF TRADE

Pursuant to the Market Abuse Regulation article 19, Solstad Offshore ASA (the "Company"), hereby notify receipt of information of the following transactions made by persons discharging managerial responsibilities in the Company and persons closely associated with them in the Company's shares and other financial instruments linked thereto.

1	Details of the primary insider / person closely associated				
a)	Name	Aker Capital AS			
2	Reason for the notification				
a)	Position/status	Legal person closely associated with board member Frank O. Reite			
b)	Initial notification /Amendment	Initial Notification			
3	Details of the issuer				
a)	Name	SOLSTAD OFFSHORE ASA			
b)	LEI	5967007LIEEXZXHGO849			
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument and identification code	Ordinary shares in Solstad Maritime Holding AS. The shares in Solstad Maritime Holding AS are linked to the shares in Solstad Offshore ASA pursuant to the Market Abuse Regulation. ISIN: NO 0013135368			
b)	Nature of the transaction	Assumption of shares in Solstad Maritime Holding AS pursuant to right under Total Return Swap (TRS) agreements relating to shares in AMSC ASA to receive dividend-in-kind paid to TRS counterparties on hedge shares.			
c)	Price(s) and volume(s)	Price(s) in NOK* 0 0 * Assumption of dividend in-	Volume(s) 14,333,864 13,847,407 -kind.		
d)	Aggregated information - Aggregated volume - Price	A total of 28,181,271 shares in Solstad Maritime Holding AS A total of NOK 0* * Assumption of dividend in-kind.			
e)	Date of the transaction	2025-04-02			
f)	Place of the transaction	XOFF - Outside a trading venue			